

Learn How to Transform Judgement, Doubt & Fear into Success



Monika Becker
Clear Directions Coaching

Top 3 Takeaways:

Understand...

- the causes of your judgment, doubt & fears

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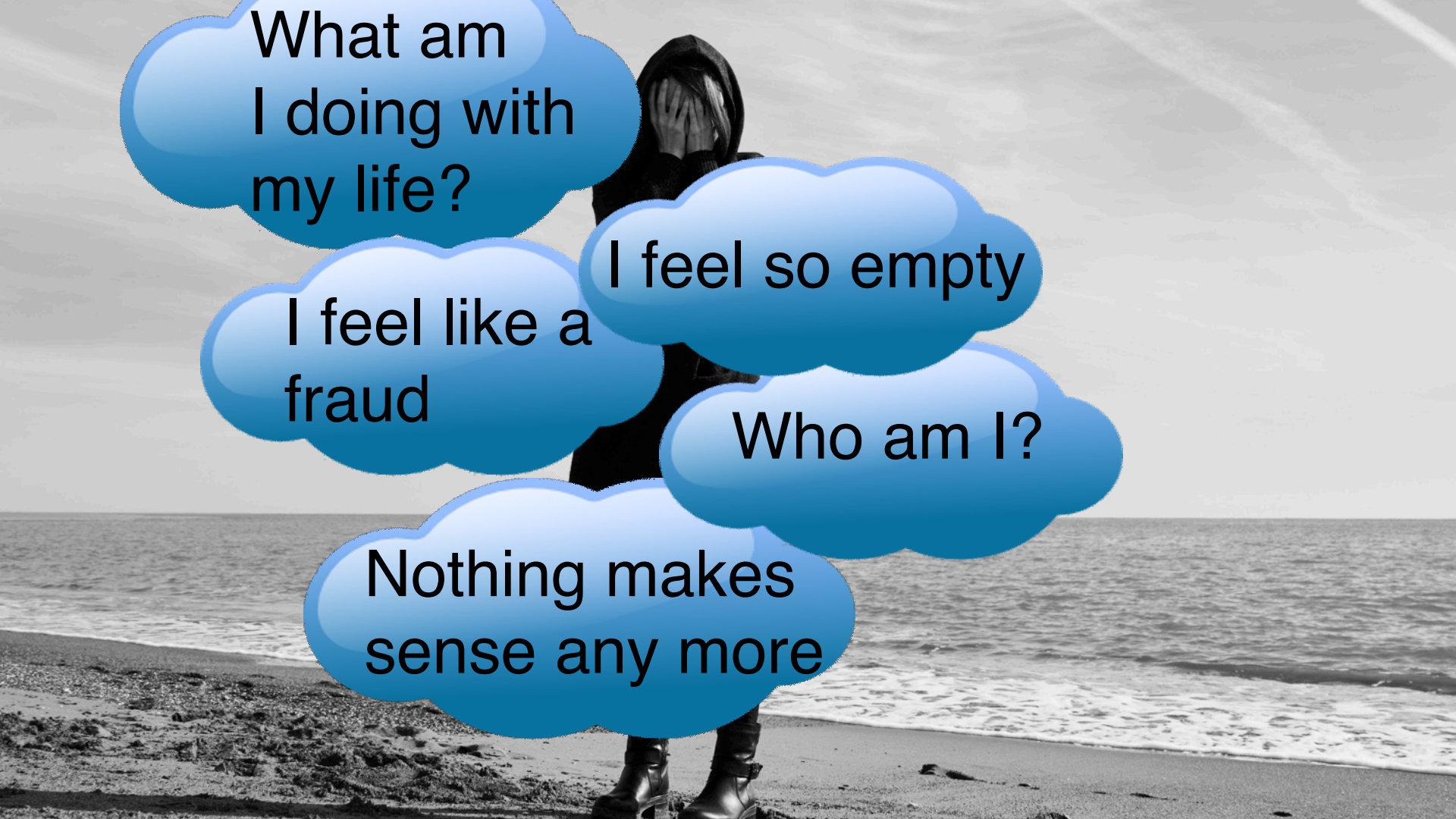
- the causes of your judgment, doubt & fears
- the limitations of traditional healing & coping methods

Top 3 Takeaways:

Understand...

- the causes of your judgment, doubt & fears
- the limitations of traditional healing & coping methods
- how to grow confidence, freedom and success with the Dalian Method



A black and white photograph of a person standing on a beach, wearing a dark hoodie and boots. They are covering their face with their hands. Overlaid on the image are five blue thought bubbles containing text about feelings of emptiness and confusion.

What am
I doing with
my life?

I feel so empty

I feel like a
fraud

Who am I?

Nothing makes
sense any more



Facilitated Sessions
+
Sessions by myself



I have a sense
of direction

I feel solid

I can trust
myself

I know
myself better

Life makes
sense again

AGENDA

- Success – what is it?
- The causes of our judgment, doubt & fears
- Traditional healing & coping methods
- The Dalian Method – how it was created, how it is different, and how it can help YOU

SUCCESS?



What causes our judgment, doubt and fears?





Nobody
loves me

People are
not nice

I'm all alone

I'm afraid not
to survive on
my own



Nobody

Nobody

Nobody
loves me

People are

People are

People are
not nice

I'm all alone

I'm all alone

I'm all alone

Nobody

Nobody

Nobody
listens to me



Nobody

Nobody

Nobody
loves me

I feel

I feel like a
loser

People are

People are
not nice

I'm

I'm angry

I'm

I'm a

I'm all alone

Nobody

Nobody

Nobody
listens to me

Follow
the
Rules

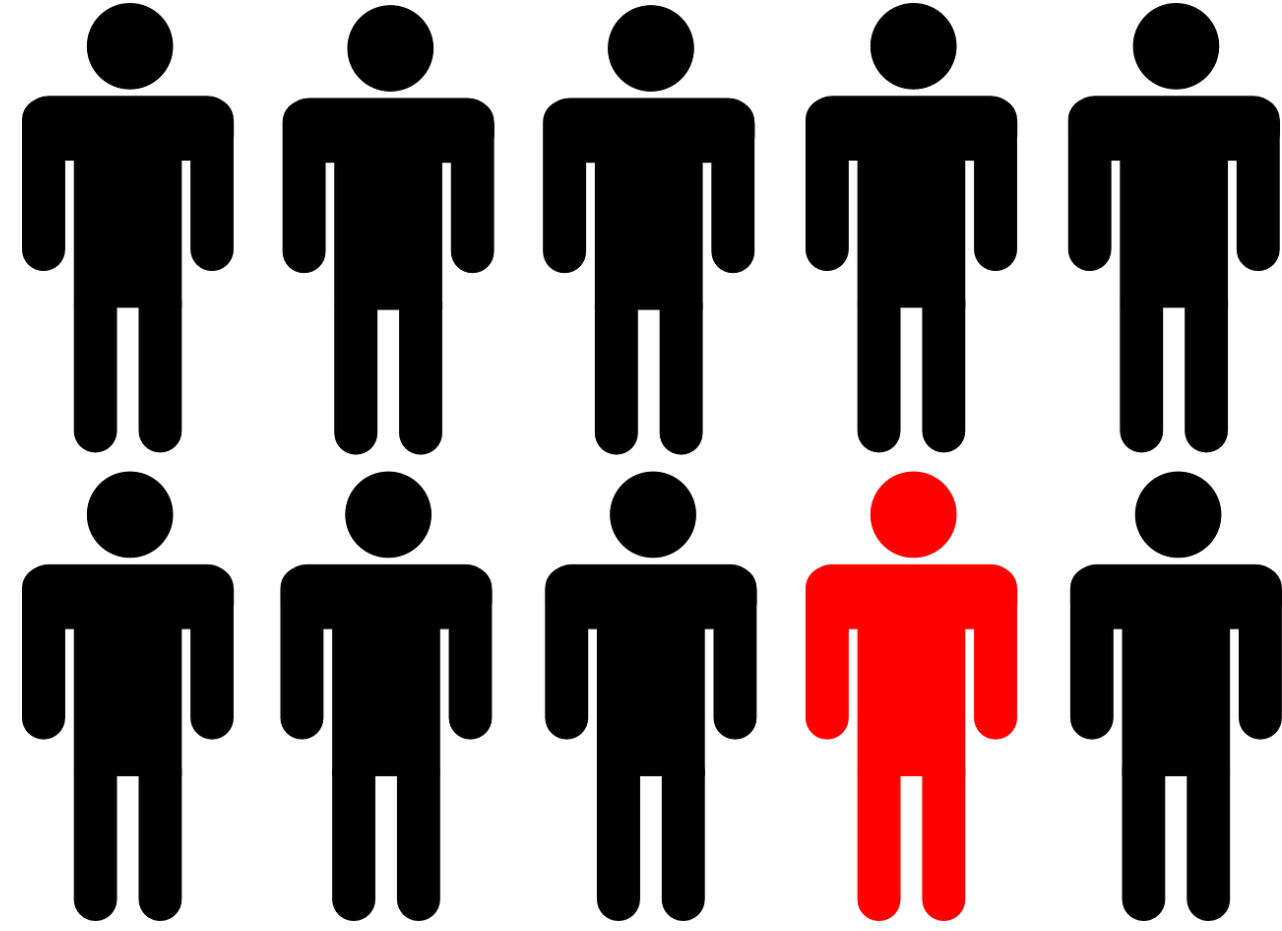




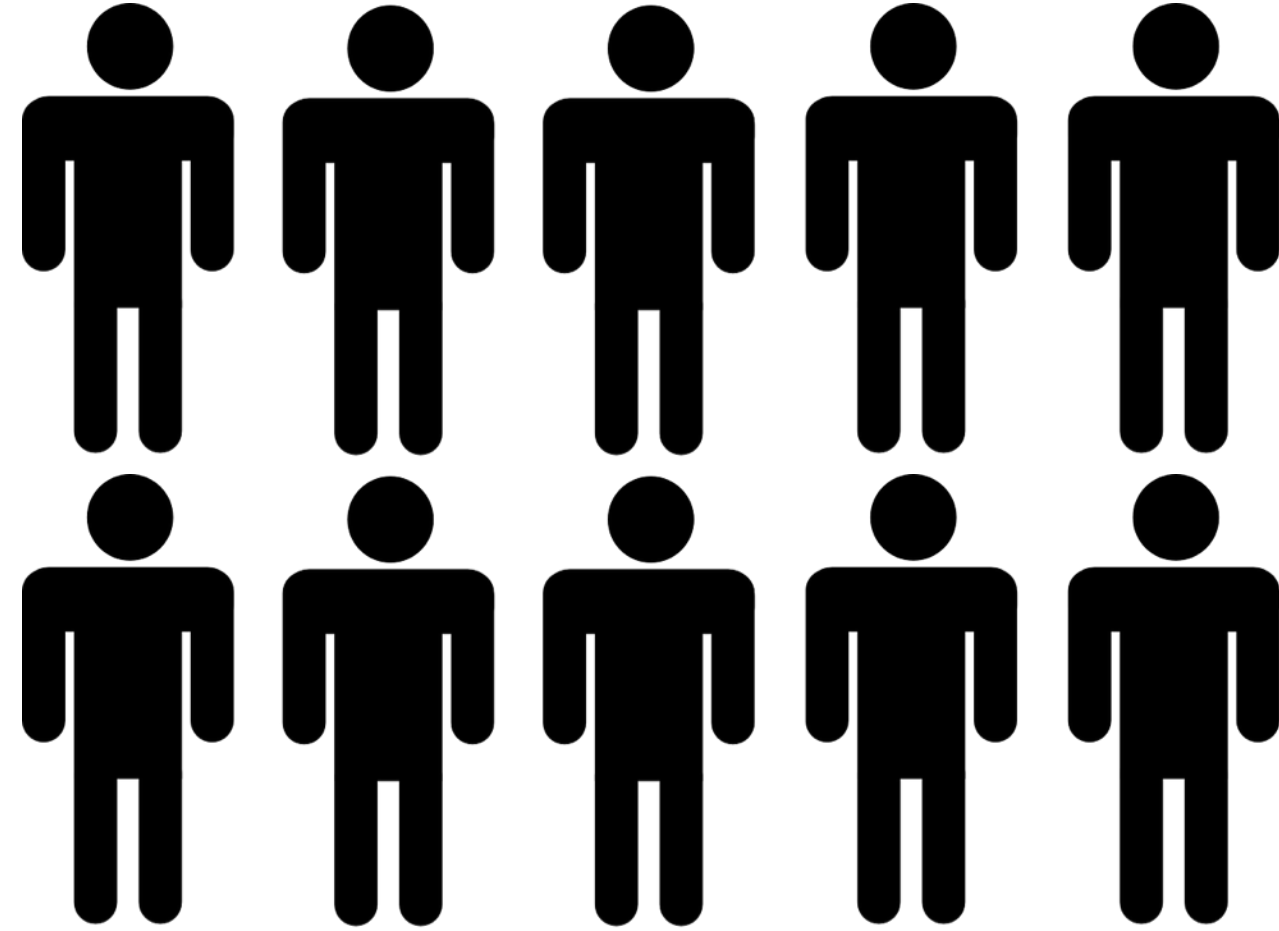
RIGHT DOING

WRONG DOING

Individuality not welcome



You need to fit in!

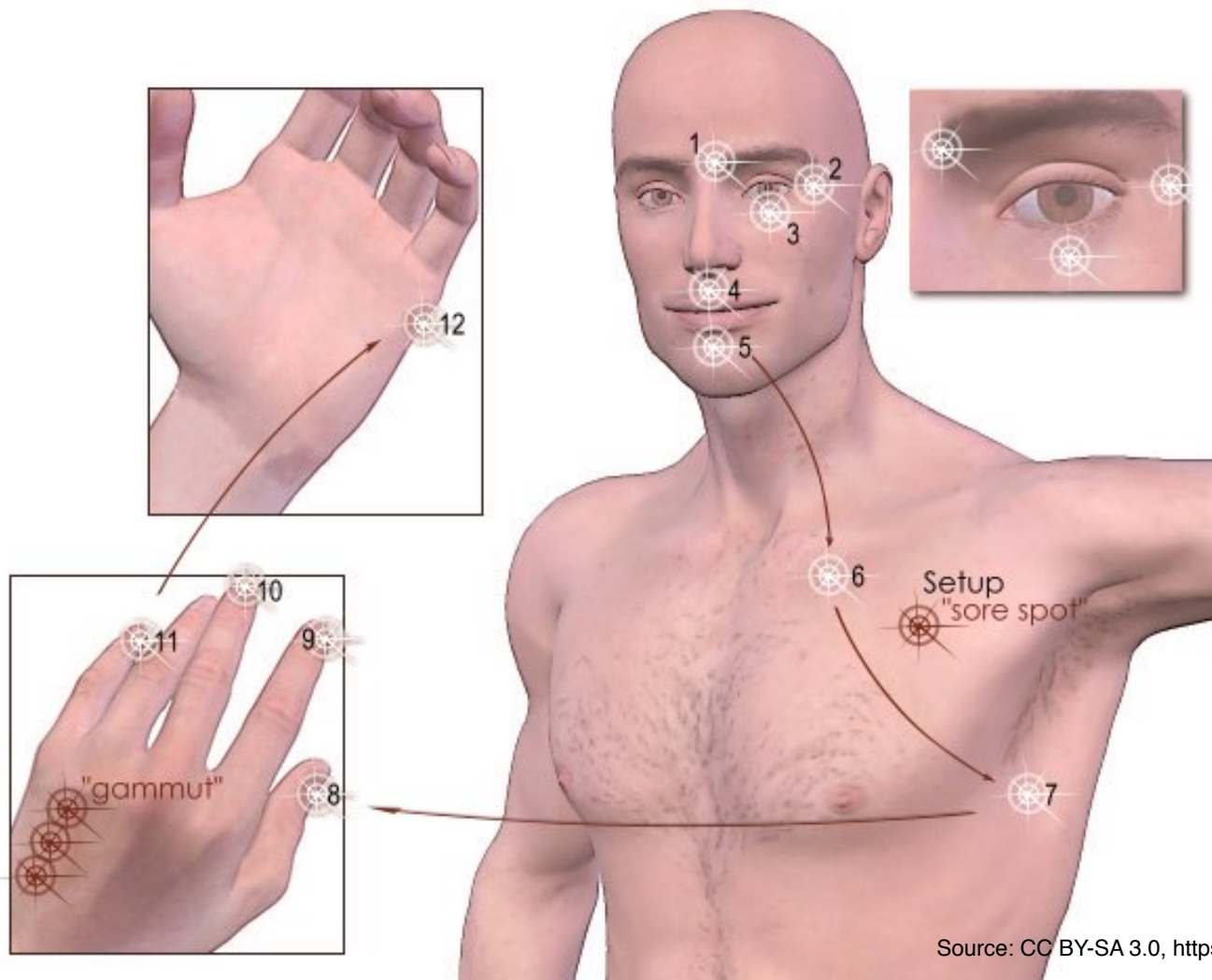






A wooden-framed chalkboard stands in a lush green field under a blue sky with scattered clouds. The words "think positive" are written in white chalk, with "positive" underlined.

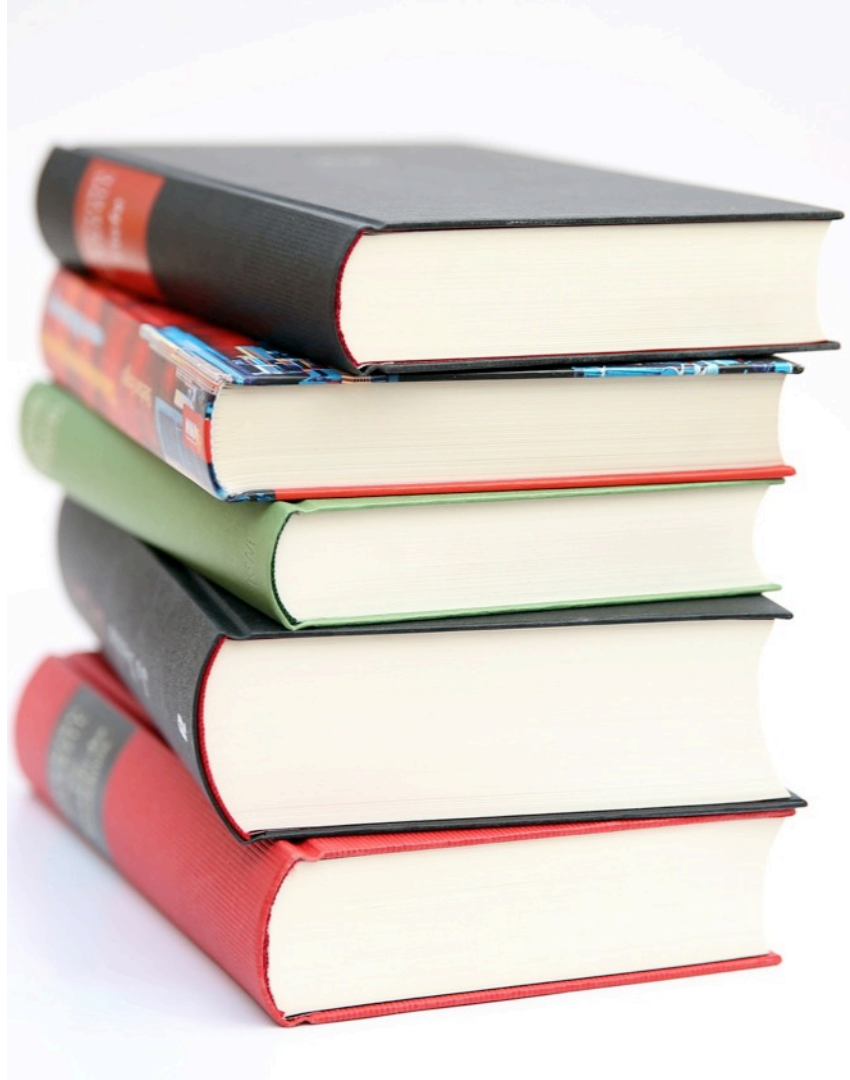
think
positive

















10% Conscious

90% Unconscious

10% Conscious

**Repressed
thoughts
and
emotions**

90% Unconscious



Mada Eliza Dalian



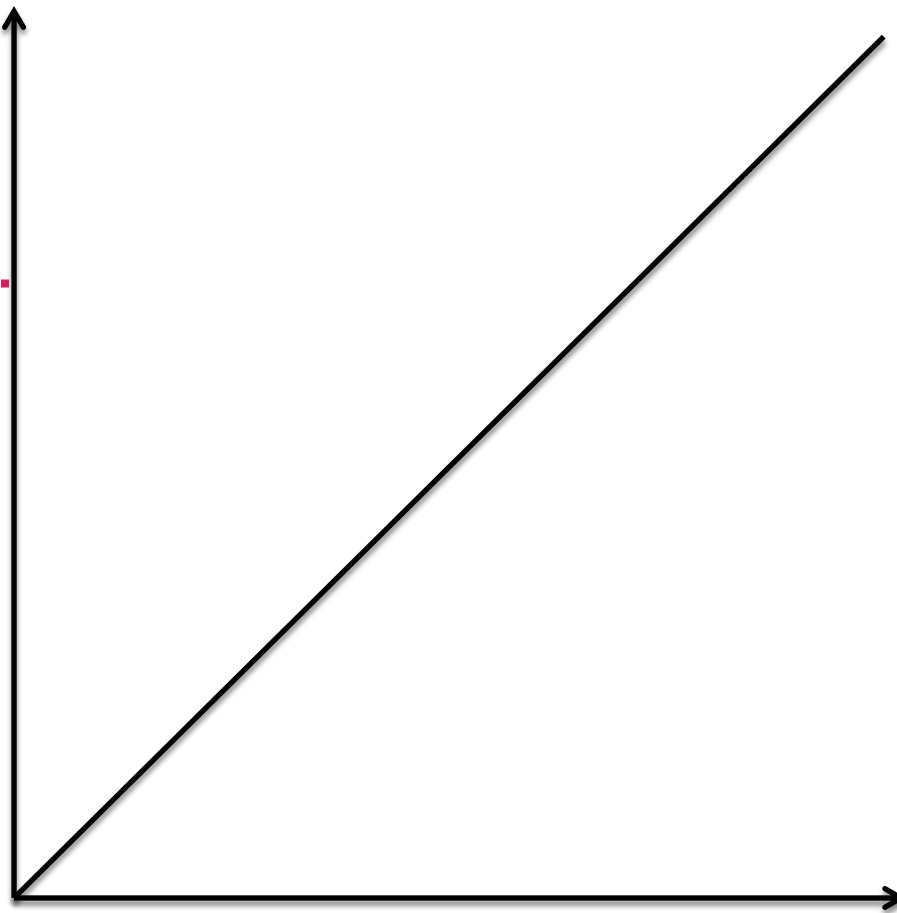
- Scientist of the Human Condition
- Award-winning, Best Selling Author
- Self-realized Master of Healing & Transformation



**“Consciousness is the Master Key
for Permanent Healing and
Transformation”
Mada Eliza Dalian**

Freedom,
confidence,
joy, peace...

Judgment,
pain, doubt,
fear ...



Consciousness

Conscious

**Freedom,
joy,
confidence,
peace,
health,
success**

Conscious

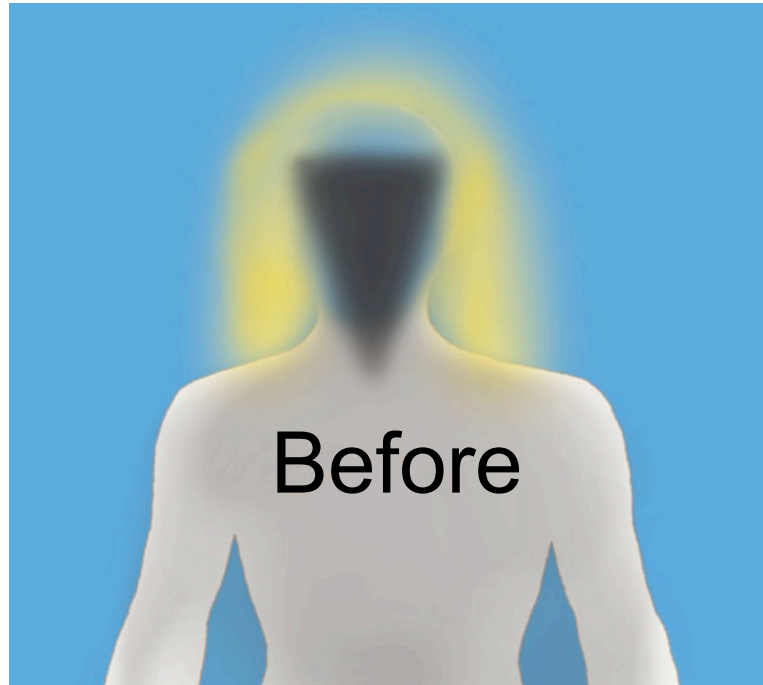


The diagram illustrates a conceptual relationship. At the bottom, the word "Conscious" is written in black. Three black arrows originate from this word and point upwards towards the word "success" in the list of states above. The list of states, including "Freedom, joy, confidence, peace, health, success", is written in yellow and is positioned in the center of the image. The word "Conscious" also appears at the top of the image in black, above the list of states.



- Is able to see conscious and unconscious areas in the body
- Can identify repressed thought patterns & emotions

Example:
Diagnosis of chronic
headaches and MS





The Dalian Method:

- A precise, systematic tool
- We can identify repressed thoughts & emotions



The Dalian Method also helps us...

- See the life lessons in them
- Release the thoughts/emotions layer-by-layer



Gifts us with the opportunity of
taking our health & healing
into our own hands

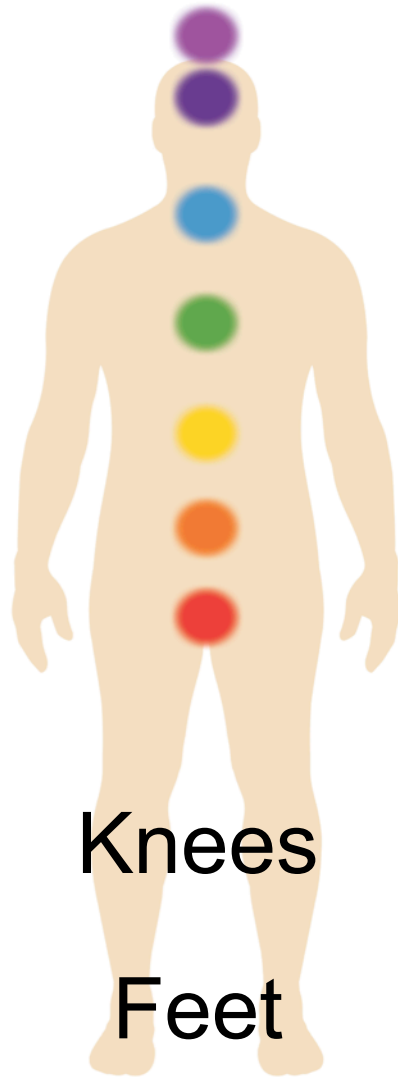


Does NOT use the mind!

Is VERY quick and effective



Works with the whole person: body, mind,
emotions, spirit & consciousness simultaneously
...to create a complete and permanent shift



Knees

Feet

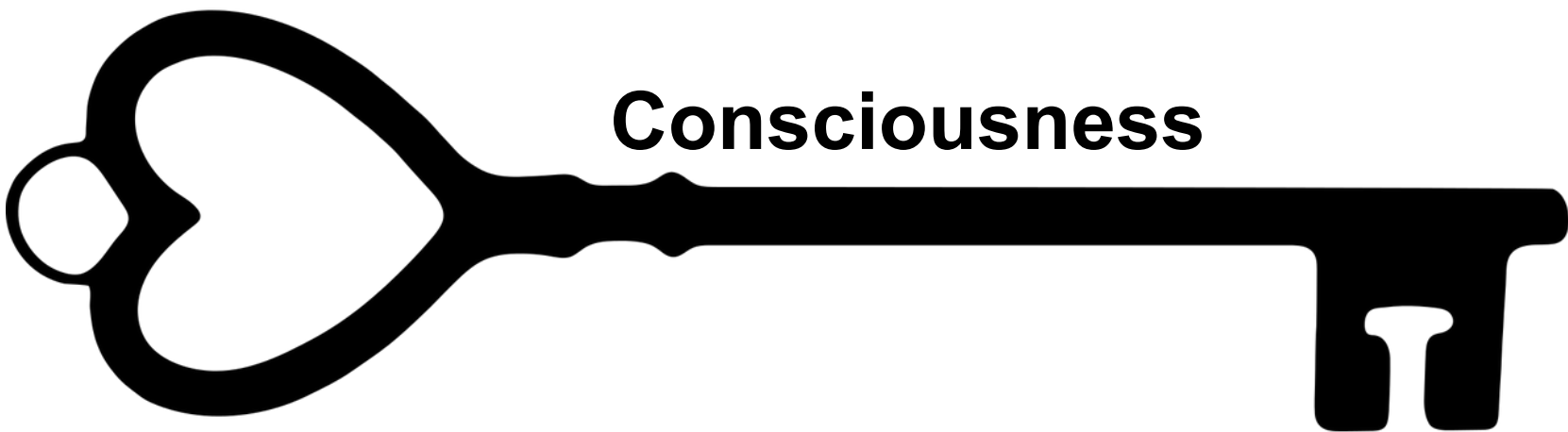
Cognitive, Unconscious & Subconscious Mind



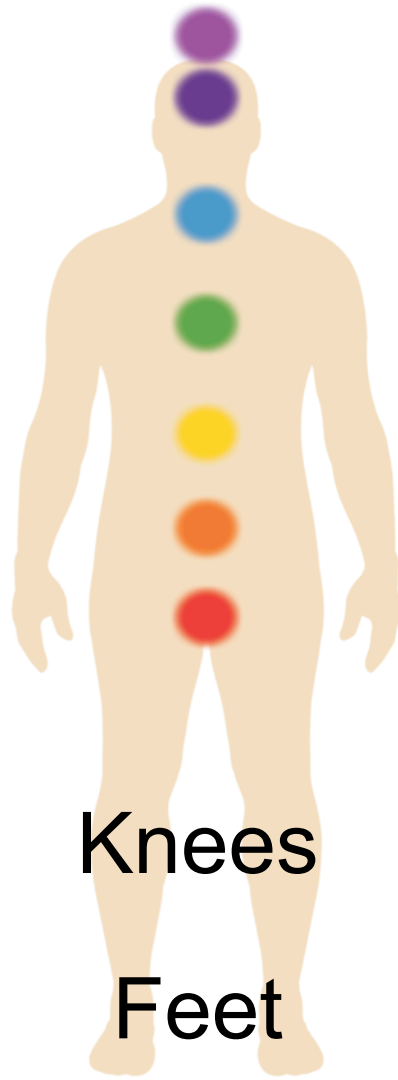
Third Eye
Inner Vision









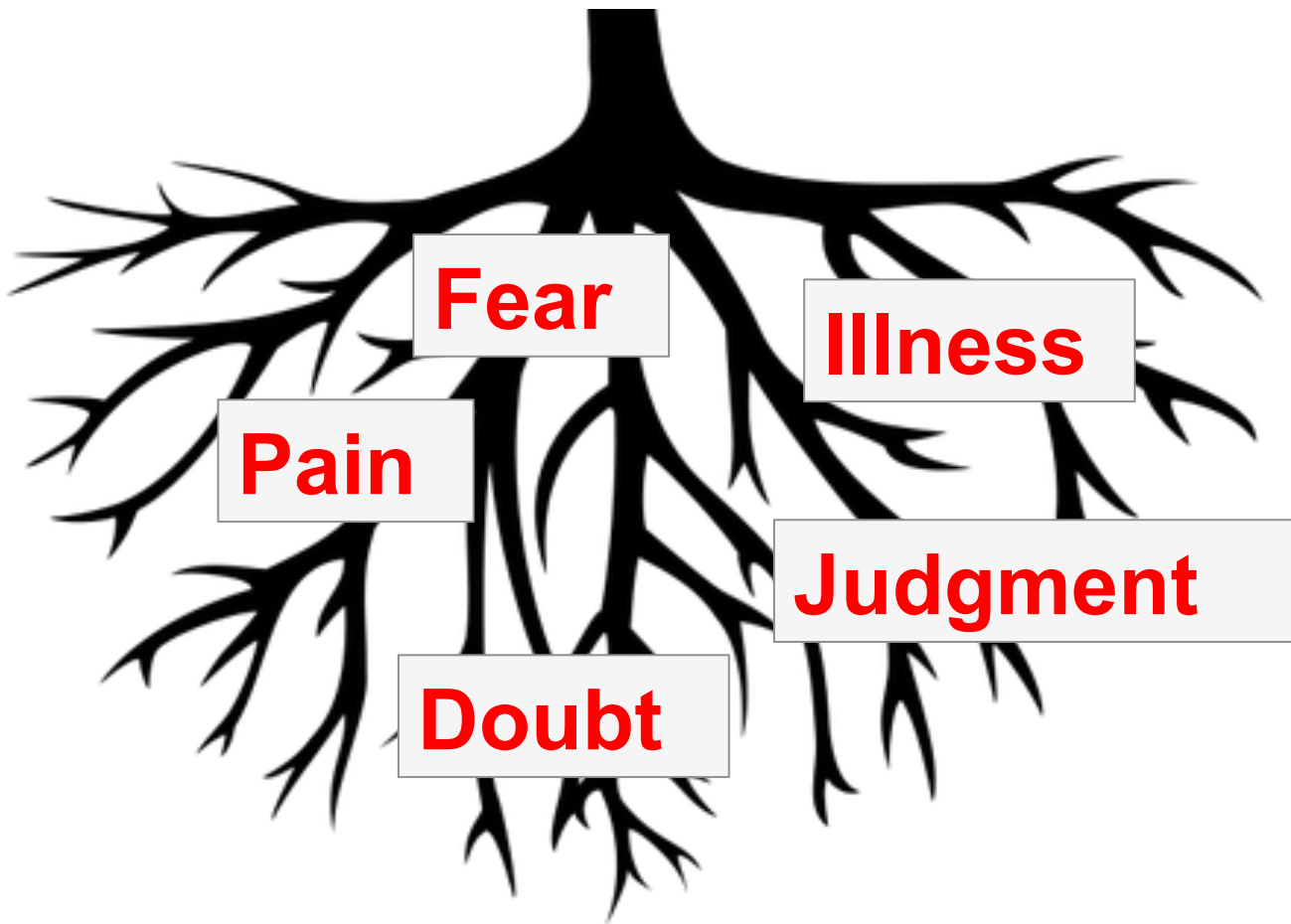


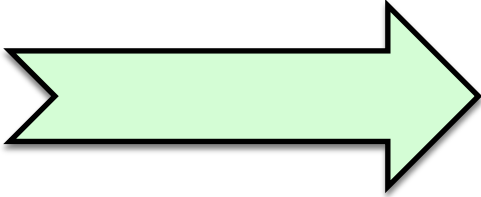
Knees

Feet

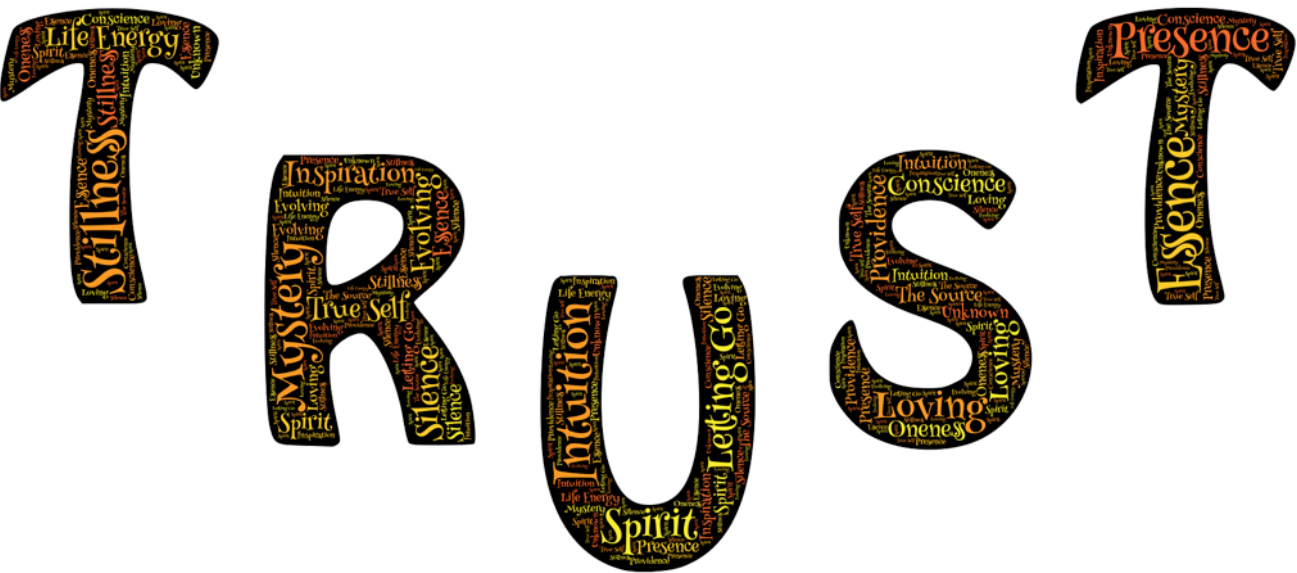


**Rapid Permanent
Healing
&
Transformation**



Ego  **Consciousness**











I'll do it My Way





You find and manifest
the **potential** you were born with
and you become
a **blessing** to yourself
and others.

The Dalian Method is for you

if you are...

- tired of experiencing judgment, doubt, fear, pain or illness

The Dalian Method is for you

if you are...

- tired of experiencing judgment, doubt, fear, pain or illness
- ready to take your health & healing into your own hands

The Dalian Method is for you

if you are...

- tired of experiencing judgment, doubt, fear, pain or illness
- ready to take your health & healing into your own hands
- **courageous and eager to get to know your Self**

The Dalian Method is for you

if you are...

- tired of experiencing judgment, doubt, fear, pain or illness
- ready to take your health & healing into your own hands
- courageous and eager to get to know your Self
- keen to grow confidence, joy, peace & success in your life

Home Practice



1 Book
2 Recordings
Free Support
Calls

Facilitated Sessions
In person or on Zoom
2.5-3 hours each



“Only by living your individuality
can you experience true freedom,
the kind that does not depend on
anything external.”

~ Mada Eliza Dalian





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