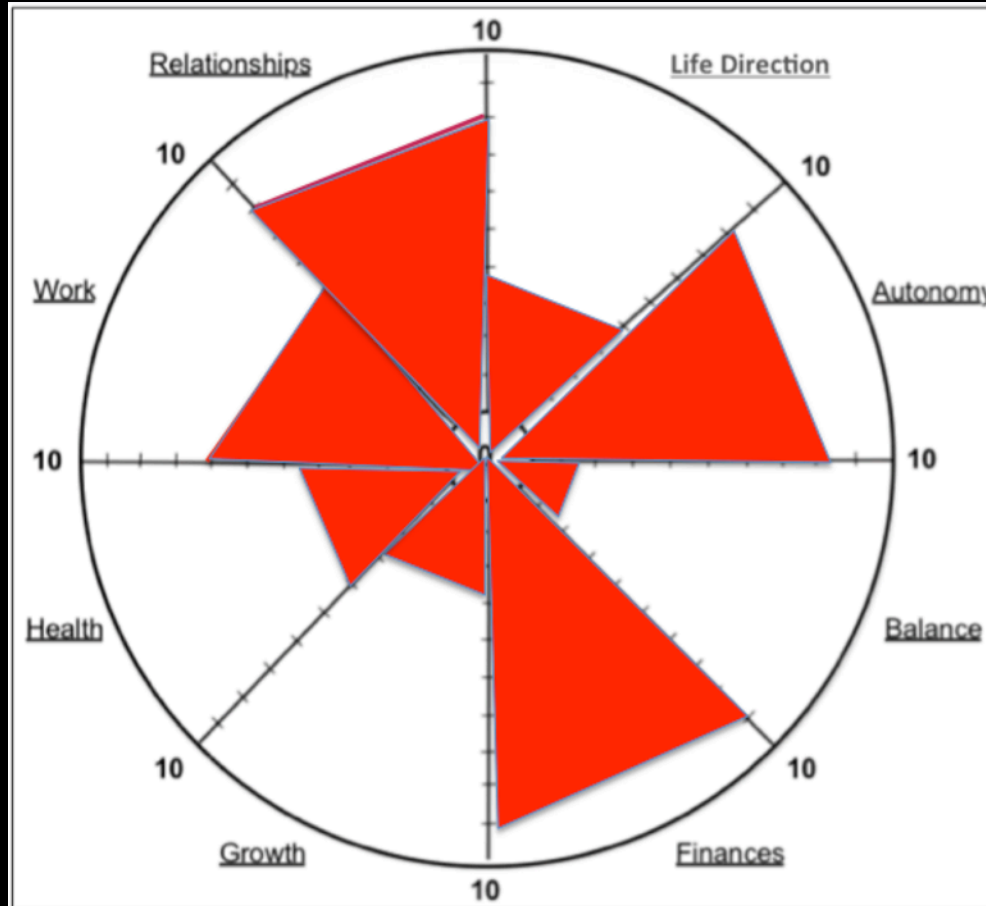


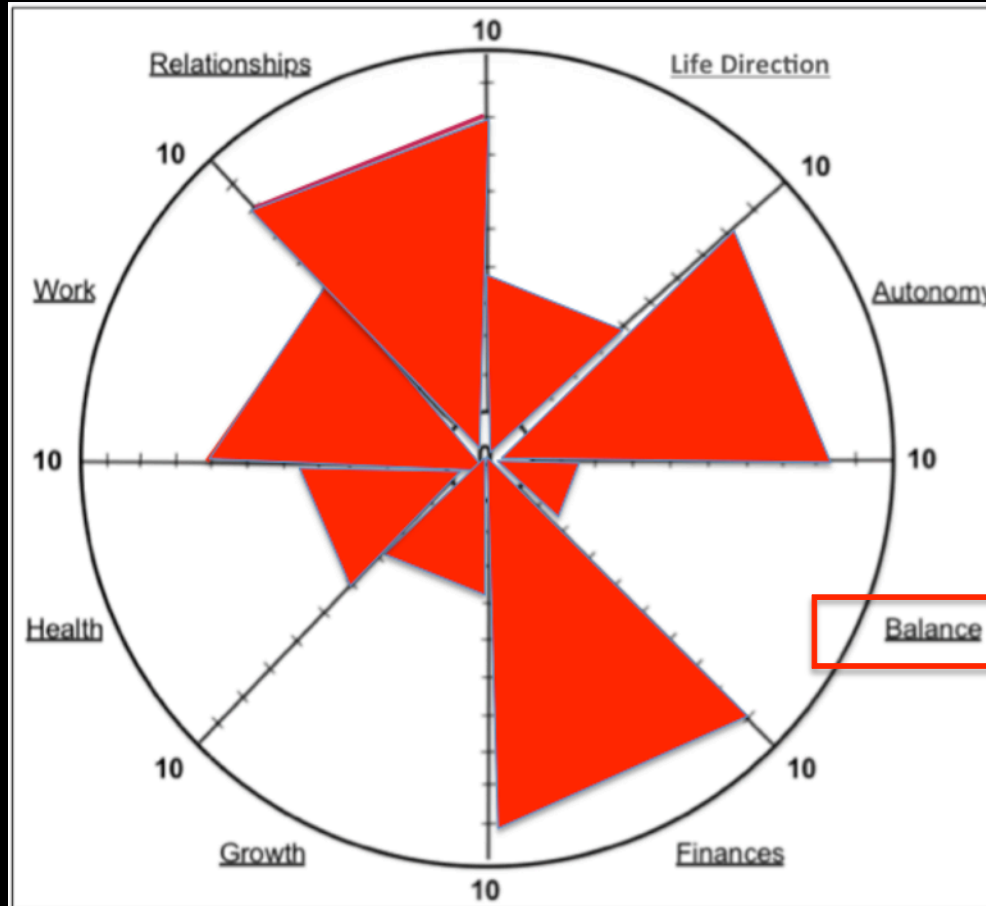
Look at your 'Wheel of Good Selfishness'



'Good Selfishness' & Success

1. Define what success means to **YOU!**
2. Look at your 'Wheel of Good Selfishness'
3. Identify the aspect that needs your attention first for you to move towards success

Which aspect needs your attention first?



'Good Selfishness' & Success

1. Define what success means to **YOU!**
2. Look at your 'Wheel of Good Selfishness'
3. Identify the aspect that needs your attention first for you to move towards success
4. Determine a specific action that will make the biggest difference in this area

Specific action to make the biggest difference

Aspects of balance:

- Healthy mix of work & leisure time
- Time to relax and recharge
- Experiences you enjoy or appreciate
- Offset stress and other demands

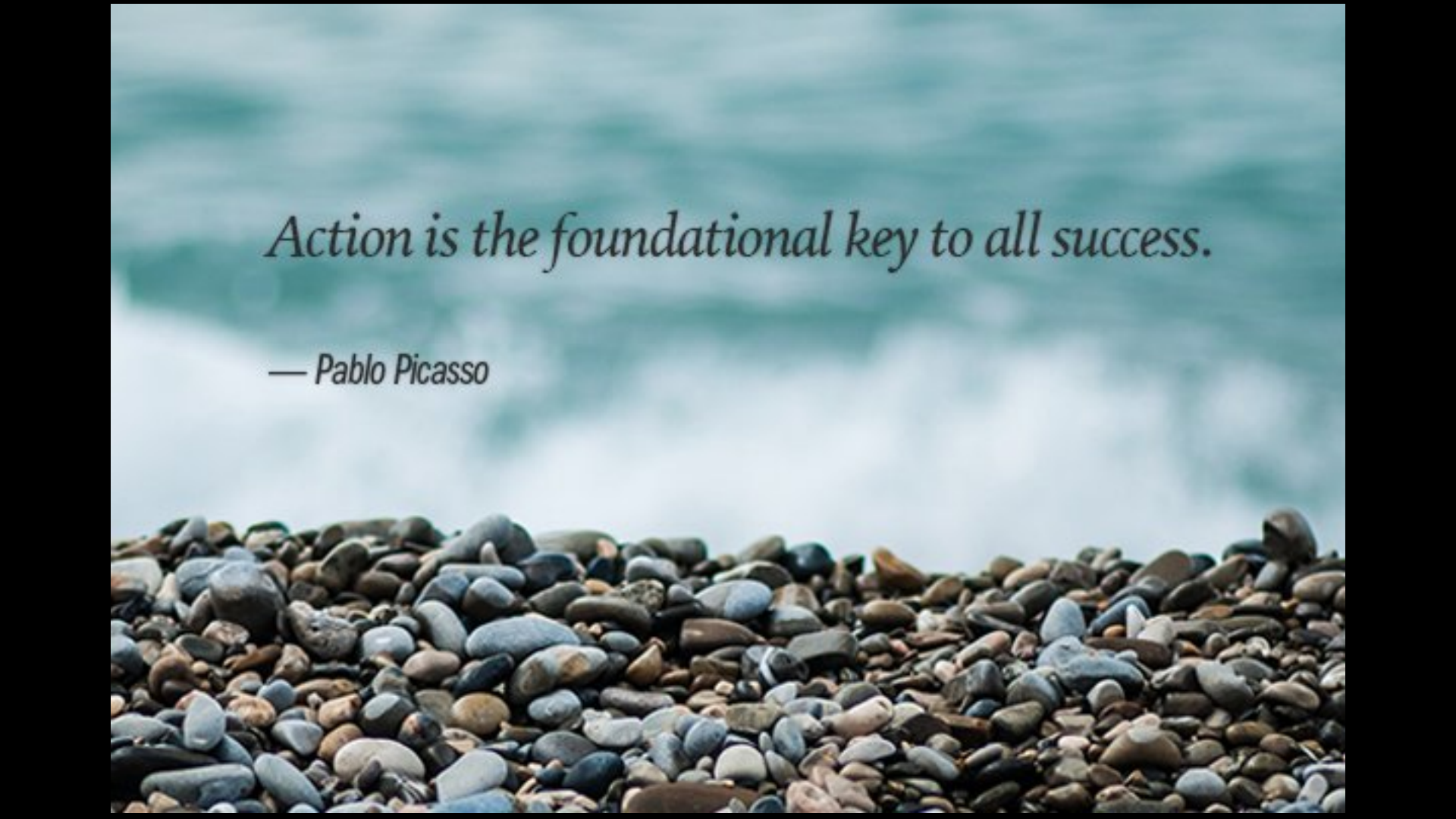
Specific action to make the biggest difference

Action steps for greater balance:

- Make time to read for an hour before bed
- Schedule family dinners
- Work out with friends
- Sleep in on the weekend

'Good Selfishness' & Success

1. Define what success means to **YOU!**
2. Look at your 'Wheel of Good Selfishness'
3. Identify the aspect that needs your attention first for you to move towards success
4. Determine a specific action that will make the biggest difference in this area
5. Go do it!



Action is the foundational key to all success.

— *Pablo Picasso*

Go Do It!!!

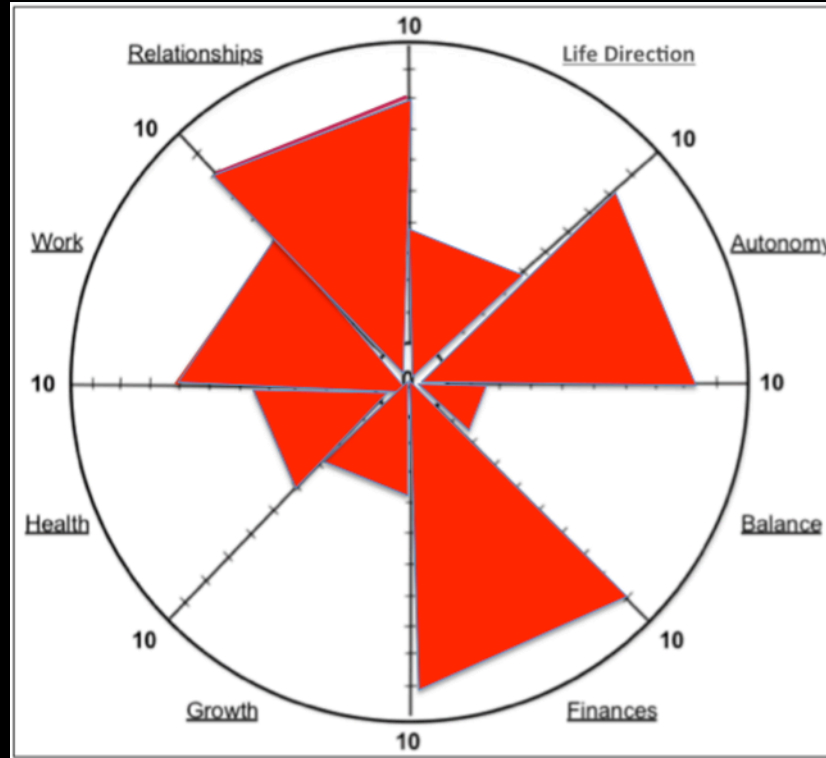
Find an accountability partner






My Offer to You!

Complimentary 'Good Selfishness' Session



A silhouette of a woman stands on a beach, her arms outstretched and head tilted back, looking towards a bright sunset over the ocean. The sky is a mix of orange, yellow, and pink, with a large, bright sun low on the horizon. The woman's hair is blowing in the wind, and she appears to be in a state of joy or freedom.

“Knowing for sure that
even in the daily craziness
there is the constancy of **your SELF**.
Only from that space can you create
your best work and your best life.”

~ Oprah (adapted)



Thank you!

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